

# Dig In!

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Sharratt<info@cban.ca><aname="eztoc2315\_1" id="eztoc2315\_1"></a><h2>Welcome to the D

igIn! Workshop on Food Sovereignty</h2><p>Let's find out what food sovereignty means for us in Canada and around the world.</p><div class="object-right"><div class="content-view-embeddedmedia"><div class="class-image"><div class="attribute-

image"><p></p></div></div></div></div><aname="eztoc2316\_1" id="eztoc2316\_1"></a><h2>Workshop Activ

ities</h2><aname="eztoc2316\_2" id="eztoc2316\_2"></a><h2>The "ToolKit" has landed!

</h2><p><b>Want to run a workshop or use an activity in your community?</b></p><ul><li><a href="/Resources/Tools/Workshops-and-Presentations/Dig-In/Dig-In!-Tool-

Kit" target="\_self">Click here to get to the TOOLKIT and check out the workshop activities!</a></li></ul><

p><b>DigIn!</b> was a youth-led project (June 2008-

June 2009) that built a great participatory workshop on food sovereignty with and for people in communities across the country. The workshop activities are for everyone!

from young farmers to urban youth to members of the general public. And anyone can run a workshop.</p><

p>What do we mean by food sovereignty?? Basically, putting control of food back in the hands and bellies of people.</p><ul><li><a href="/Resources/Tools/Workshops-and-Presentations/Dig-In/6-Pillars-of-

Food-

Sovereignty" target="\_self">Click here for a great handout on the 6 pillars of Food Sovereignty.</a></li></ul><div class="object-left"><div class="content-view-embeddedmedia"><div class="class-

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image"><p><a href="http://www.youtube.com/user/CYHYouthGlobalEdNet" target="\_self"></a></p></div></div></div></div><p><b>Checkout "Seeds of Love" and DigIn! interviews

**on Food Sovereignty<a href="http://www.youtube.com/user/DigInCanada" target="\_self">on our YouTube channel!</a></b> We tested the workshop at the Food Secure National Conference Nov 12!**

in Ottawa - view the high-

stakes dating game where Farmer Shabaka must choose a seed for planting.</p><p><a href="/Resources/Tools/Workshops-and-Presentations/Dig-In/Dig-In!-Workshop-Development-Retreat-and-

Workshop-

Testing" target="\_self">View the photo gallery from the Workshop Development Retreat where it all began!

</a></p><div class="object-left"><div class="content-view-embeddedmedia"><div class="class-

image"><div class="attribute-image"><p></p></div></div></div></div><p><b>You can contact:</b> Lucy Sharratt in Ottawa 613 241

2267 extension 5 or email coordinator@cban.ca</p><p><b>DigIn!</b> was a collaborative project of the Canadian Biotechnology Action Network, <a href="http://www.checkyourhead.org/" target="\_self">Check Your

Head</a>, and the <a href="http://www.nfu.ca/" target="\_self">National Farmers Union Youth</a> with

supported by a grant from the <a href="http://www.gordonfn.org" target="\_self">Walter & Duncan Gordon Foundation</a>.</p><div class="object-center"><div class="content-view-

embeddedmedia"><div class="class-image"><div class="attribute-

image"><p><a href="/Resources/Tools/Workshops-and-Presentations/Dig-In/Dig-In!-at-National-Farmers-Union-Youth-Gathering-

2008" target="\_self"></a></p></div></div></div></div><p><a href="/Resources/Tools/Workshops-

and-Presentations/Dig-In/Dig-In!-at-National-Farmers-Union-Youth-Gathering-

2008" target="\_self">Check out the photos from the NFUY Youth Gathering in Laird Saskatchewan!</a></p>><p><i>The dominant model in rural areas does not offer any options to young people. Youth are our base for the

*present and the future, so we commit ourselves to the full integration and creative participation of young people in all levels of our struggle.* ? from the Declaration of Maputo, Mozambique Oct 9-

22 2008, <a href="http://www.viacampesina.org/main\_en/index.php?option=com\_content&task

[=view&id=623&Itemid=1"target="\\_self">LaViaCampesina</a></p>](#)